## Information for participants

We invite teachers, non-formal educators and nature guides to participate in the international 2 days practical seminar "Old parks - a space for children's environmental education".

During the practical seminar, we want to show how many secrets of nature can be unraveled in an old park and encourage teachers to enjoy the outdoors with school children more often.

Studies show that outdoor learning delivers many benefits — reducing stress, improving moods, boosting concentration, and increasing a child's engagement at school, strengthening the social bonds between kids in the class! Active learning and adventure outdoors introduces young people to the environment in a way which develops understanding, appreciation, awe, wonder and respect.

The seminar will take place at Innovators valley (Mokyklos St. 10 in Antalieptė, Zarasai district). During the seminar, we will explore two old historical parks of Antalieptė Barefoot Carmelite Monastery and Kamariškės Manor.

During the event:

- · we will study the biological values of the old parks;
- · we will learn to lead the lessons in natural environment;
- · we will share experiences teaching outdoors.

## SEMINAR PROGRAM

## **Practical information**

- The main language of the seminar is English, but it will be translated into Lithuanian, Latvian and/or Russian as needed.
- Please fill out the <u>registration form</u> till 20 October, 2022.
- The number of participants is limited, therefore only selected and confirmed participants will be informed by 21 October, 2022.
- The organizers will cover the costs of accommodation (triple rooms) and meals for the registered and confirmed participants of the event;
- Free transport is provided for seminar participants during the event (route: Antalieptė Kamariškės-Antaliepė);
- Participants must be ready for outdoor activities with comfortable footwear and appropriate clothing (depending on the weather), suitable for being and partying in nature;
- The format of the event can be changed of the spread of the COVID-19.

If you have any questions, please contact the national project coordinators: In Latvia - Inese Matisane, tel. +371 263 15587, e-mail mvs.plus@inbox.lv In Lithuania - Vytautas Eidejus tel. +370 600 12941 e-mail : vytautas.eidejus@zmogui.lt